



Daily Schedule for Preschoolers

6:30-8:00	Arrival - Breakfast - Table Activities
8:00-8:30	Exploration of Environment - Indoor
8:30-9:00	Group Time - Large
9:00-9:15	Snack
9:15-9:30	Group Time - Large
9:30-10:30	Exploration of Environment - Indoor
10:30-11:30	Exploration of Environment - Outdoor
11:30-12:00	Group Time - Large
12:00-12:30	Lunch
12:30-12:45	Group Time - Story
12:45-2:30	Nap Time
2:30-3:00	Group Time - Large
3:00-3:15	Snack
3:15-4:15	Exploration of Environment - Outdoor
4:15-5:15	Exploration of Environment - Indoor
5:15-5:30	Group Time - Large
5:30-6:30	Departure - Table Activities

Additional Notes:

- Restroom is used, as needed, by children throughout the day.
- Check the Core Rules for Hygiene on the Bright From the Start website to learn specific times and events when children should wash their hands, including upon Arrival, before and after meal times, after Outdoor Time, and at Departure.